

#### **Case Management Intake**

Sonya Wright, MACP, LMHC-QS

A New Season Counseling, Coaching, and Consulting Services LLC

# Faculty Disclosure

- This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U10HA30535 as part of an award totaling \$4.2m. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.
- "Funding for this presentation was made possible by cooperative agreement U1OHA30535 from the Health Resources and Services Administration HIV/AIDS Bureau. The views expressed do not necessarily reflect the official policies of the Department of Health and Human Services nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. Any trade/brand names for products mentioned during this presentation are for training and identification purposes only."



#### **Learning Objectives**

By the end of this session, the learner will be able to:

- accurately assess client needs through comprehensive data collection,
- demonstrate skills in establishing rapport and trust,
- utilize appropriate referral systems to advance the continuity in care



**Intake Assessment: Why?** to discover gaps in to identify service To evaluate existing provision the client's To nine determine medical and psychosocial needs resources strengths



## **Intake What: Needs to Identify**





#### Intake How: Establishing rapport and trust

Active listening

Open-ended questions

Person-centered approach

Positive body language

Confidentiality



Cultural sensitivity

Empathy

Respectful communication

Appropriate Self-disclosure



#### Identifying Rapport- and Trust-Building Skills

#### **Meet Andi**



Andi is 55yo male, recently immigrated from a rural town in eastern Europe. Andi has been experiencing a high level of anxiety since being diagnosed with HIV three weeks

ago. At the urging of his wife, he finally agrees to access case management services. He has never believed in "getting help" especially from strangers who have to pry into his private life.

Andi is willing to see a doctor, is ambivalent about medication, and is very nervous about getting case management. He has always believed that needing assistance means that a person is weak. He is also concerned that his deepest fears and regrets will be revealed. He is especially worried about others finding out what he tells the case manager.

Andi is greeted with warmth and friendliness by his case manager, who offers him a beverage as they enter the office. The case manager makes excellent eye contact and speaks in a soothing voice while making small talk about the beautiful weather outside. The case manager briefly mentions trying to grow a tulip garden despite not having a green thumb.

What 3 rapport-building skills has this case manager demonstrated?

Open-ended questions

Positive body language

Confidentiality

Appropriate Self-disclosure

Person-centered approach



#### Identifying Rapport- and Trust-Building Skills

During intake, the MCM asks Andi the following questions:

How are you doing today?

Did you find the office okay?

Tell me about yourself.

What concerns do you have about

your care being discussed with your

doctor?

What do you consider your greatest

strengths?

What are the primary areas you

would like to focus on during this

phase of your care?

How do you hope to see yourself in

the future?

What 3 rapport-building skills do these questions illustrate?

Positive body language

**Empathy** 

Respectful communication

Open-ended questions

Confidentiality



#### Identifying Rapport- and Trust-Building Skills

What are the best demonstrations of cultural sensitivity that the case manager can use during the intake process?

**Greeting and Language:** The case manager ...

explains the purpose the intake process clearly and simply, avoiding jargon, and using visual aids where appropriate.

**Cultural Context:** The case manager ...

asks open-ended questions about Andi's experience in the United States, including length of stay, reasons for migration, and any cultural practices that might be important.

**Respecting Beliefs and Practices:** The case manager ...

inquires about any religious observances that might impact Andi's access or adherence to services.

Adapting Assessment Tools: The case manager ...

explains complex questions from the standardized intake forms, provides options to ensure Andi can accurately respond within a cultural context.



#### **Connections to Care: to where?**





## **Connections to Care: to where?**

But first . . .



Made by FREE-VECTORS.NET

... The Care Plan!



## Where to go . . .

- Olthof, Marijke & Groenhof, Feikje & Berger, Marjolein. (2018). Continuity of care and referral rate: challenges for the future of health care. Family practice. 36. 10.1093/fampra/cmy048.
- Case Management Society of America. CMSA Standards of Practice for Case Management.; 2022.
- CDC. About Chronic Diseases. Chronic Disease. Published 2022. Accessed September 1, 2024. https://www.cdc.gov/chronic-disease/about/
- Mental Health America. The State of Mental Health in America. MHANational.org. Published 2023. https://mhanational.org/issues/state-mental-health-america
- Department of Elder Affairs Programs and Services Handbook chromeextension://efaidnbmnnnibpcajpcglclefindmkaj/https://elderaffairs.org/wp-content/uploads/ch-2-intake-prioritization-and-casemanagement.pdf
- Gardner, Martin. Case Management: The Intake Process. (2024). https://www.casemanagementbasics.com/2017/07/case-management-intake-process.html





# **AETC Program National Centers and National HIV Curriculum**

- National Coordinating Resource Center serves as the central web based repository for AETC Program training and capacity building resources; its website includes a free virtual library with training and technical assistance materials, a program directory, and a calendar of trainings and other events. Learn more: https://aidsetc.org
- National Clinician Consultation Center provides free, peer to peer, expert advice for health professionals on HIV prevention, care, and treatment and related topics. Learn more: https://nccc.ucsf.edu
- National HIV Curriculum provides ongoing, up to date HIV training and information for health professionals through a free, web based curriculum; also provides free CME credits, CNE contact hours, CE contact hours, and maintenance of certification credits. Learn more: <a href="https://www.hiv.uw.edu">www.hiv.uw.edu</a>

### **Additional Resources:**

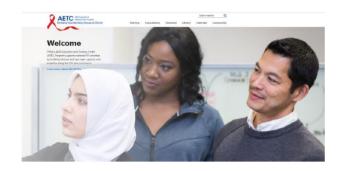
#### National Coordinating Resource Center

#### The AETC NCRC website <u>aidsetc.org</u> includes:

- Free virtual library with training and technical assistance materials
- Program directory for AETC Program
- Calendar of AETC trainings and other events
- Online learning and training tools

#### The AETC NCRC Social Media Channels:

- Free <u>Facebook</u>, <u>Twitter</u>, <u>YouTube</u>, <u>LinkedIn</u>, and <u>Pinterest</u>
- HIV Care Tools mobile app coming soon!





# THANK YOU FOR YOUR ATTENDING!



