# BRIDGING THE GAP

**Effective Linkage to Care for New HIV Providers** 

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# **OBJECTIVES**



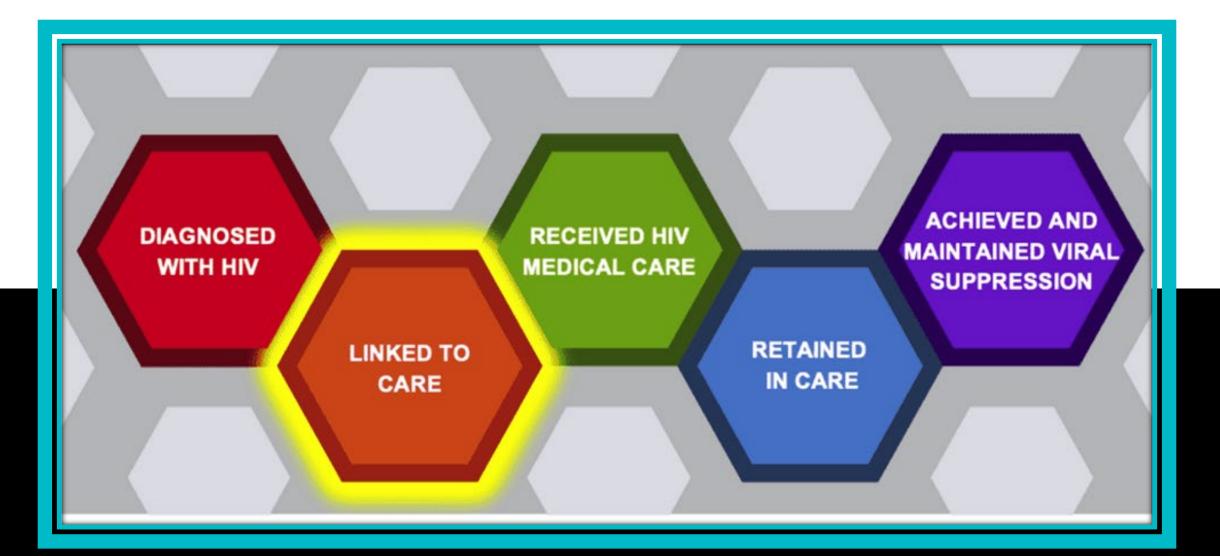




To enhance understanding of HIV linkage to care within the HIV care continuum. To identify barriers and solutions to improve linkage.

To empower participants with strategies to strengthen linkage systems.

# **HIV Continuum of Care**

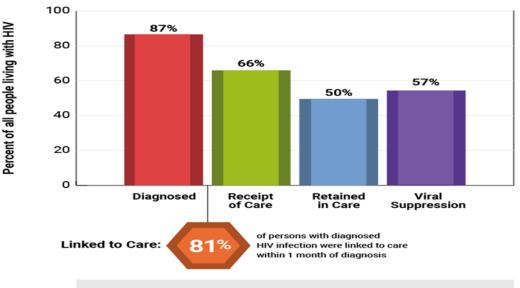


# PREVALENCE-BASED MONITORING

Assesses the effectiveness of HIV testing efforts in the U.S. by:

- Monitoring testing efforts in the U.S. and demonstrating the importance of diagnosing HIV infections to achieve viral suppression
- Monitoring how the U.S. is doing among all persons living with HIV
- Comparing U.S. data to other countries who monitor the continuum among all persons living with HIV

#### Prevalence-based HIV Care Continuum, U.S. and 6 Dependent Areas, 2019

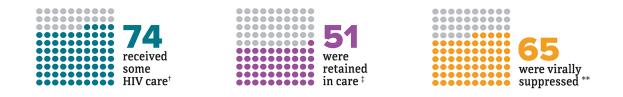


Note: Receipt of medical care was defined as ≥1 test (CD4 or VL) in 2019. Retained in medical care was defined as ≥ 2 tests (CD4 or VL) ≥ 3 months apart in 2019. Viral suppression was defined as < 200 copies/mL on the most recent test in 2019. Linkage to care is defined as having ≥ one CD4 or VL test within 30 days (1 month) of diagnosis. (Linkage is calculated differently from the other steps in the continuum, and cannot be directly compared to other steps.)

# **DIAGNOSIS-BASED MONITORING**

#### HIV Care Among People with Diagnosed HIV in 45 States and the District of Columbia<sup>\*</sup>

For every 100 people overall with diagnosed HIV:



Data for 2020 should be interpreted with caution due to the impact of the COVID-19 pandemic. For more information, view the report commentary section. Data from 45 states and the District of Columbia with complete reporting of laboratory data to CDC. \*Among people aged 13 and older. 'A theast 1 virial load or CDA test. ! Had 2 viral load or CD4 tests at least 3 months apart in a year. \*\* Based on most recent viral load test.



Source: CDC. Monitoring selected national HIV prevention and care objectives by using HIV surveillance data—United States and 6 dependent areas, 2020. HIV Surveillance Supplemental Report, 2022; 27(3). Assesses progress of HIV care in the US by:

- Monitoring U.S. progress in comparison to national 2020 goals
- Monitoring U.S. progress in comparison to the UNAIDS 90-90-90 goals
- Monitoring disparities by examining data among sub-groups of the population
- Monitoring data at a local level to understand local progress and identify additional action steps to meet national level goals

# THE NATIONAL HIV/AIDS STRATEGY



- reduce new HIV infections
  improve health
- outcomes for people living with HIV
- address health disparities.

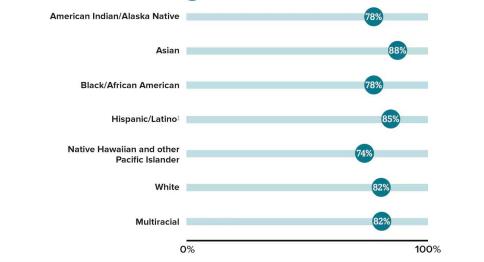
# Strategy targets:

- 95% of people with HIV know their status
- 95% linked to care
- 95% achieving viral suppression
- The broader goal is to end the HIV epidemic in the U.S.

Source: HIV.gov

# Where We Stand

More than 80% of people overall with HIV diagnosed in 2022 were linked to care within one month of diagnosis.



**Overall Goal:** Increase percentage of people with diagnosed HIV Ending who are linked to HIV medical care to at least 95% by 2025 and HIV remain at 95% by 2030. Epidemic

the

Centers for Disease Control and Prevention. Monitoring selected national HIV prevention and care objectives by using HIV surveillance data–United States and 6 territories and freely associated states, 2022. HIV Surveillance Supplemental Report 2024; 29(No. 2)

# ENACTING THE STAGES

#### **Stage 1: Delivering an HIV diagnosis:**

- Create a Supportive Environment
- Use Clear, Compassionate Communication
- Offer Emotional Support
- Frame HIV as a Chronic but Manageable Condition
- Address Immediate Concerns
- Offer Peer or Social Support

#### **Stage 2: Linkage to Care:**

- Timely Connection with HIV Treatment Specialist (The Golden Window-within 30 days of diagnosis)
- Warm Hand-Off
- Provide a Clear Plan to Next Steps
- Assist with Logistical Barriers
- Does not end with initial connection to provider

#### **Stage 3: Received Care**

- At least one CD4 or viral load test run in a given year
- Initiating ART

#### **Stages 4: Retaining Patients in Care:**

- Build Trust and a Strong Relationship
- Tailored, Patient-Centered Care
- Ongoing Engagement and Follow-Up
- Peer Navigators and Support Networks
- Flexible Care Options

#### **Stage 5: Assisting Patients in Achieving Viral Suppression:**

- Consistent Monitoring
- Address Barriers to Adherence
- Promote Health Literacy
- Motivate with Positive Reinforcement



# SHARING OUR EXPERIENCES

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### What are some of the biggest barriers you have encountered in linking individuals to care?

(i) Start presenting to display the poll results on this slide.



Please download and install the Slido app on all computers you use





### How do you think these challenges can be addressed in your community?

 $(\mathbf{j})$  Start presenting to display the poll results on this slide.

# SUCCESSFUL LINKAGE STRATEGIES

### **Building Bridges to Care**

Warm hand-off can alleviate drop-off

### **Personalized Care Pathways**

Build a person-centered care plan

### **Strength in Community**

Collaborate with community resource providers to build a care team

## ENGAGING HARD-TO-REACH POPULATIONS

Create safe nonjudgmental environments

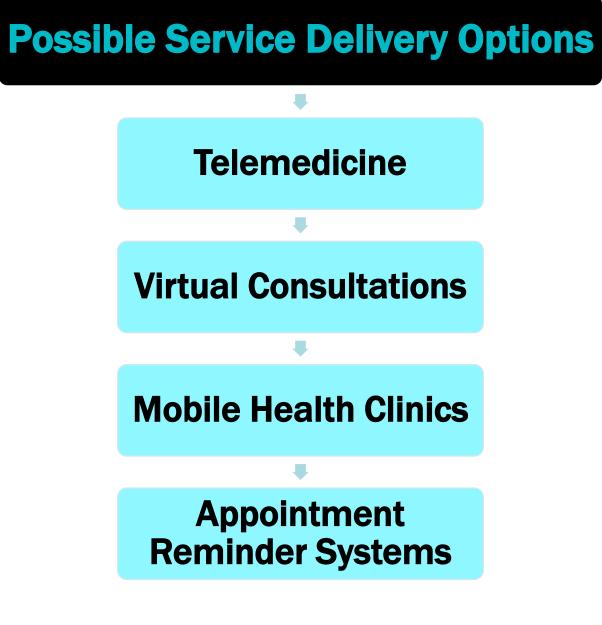
Sensitivity to sexual identity

Adopt tallored culturally competent approaches to care for marginalized communities by:

Offer gender affirming care Offer flexible options for treatment and care

Addressing social determinants of health

# INNOVATIVE WAYS TO ALLEVIATE BARRIERS



# **SUCCESS STORY**

| Diagnosis   | Linkage to Care  | Ensured medical care was accessed   | Retained in care   | Viral suppression  |
|---|--|---|--|--|
| Meeting people where they<br>are<br>Providing tools for<br>testing/diagnosis<br>Keeping a trusted open line<br>of communication | Provided support, empathy,<br>and comfort<br>Provided options to be<br>connected with provider for<br>treatment<br>Facilitated a warm hand-off<br>Offered peer support | Established a care team<br>with provider<br>Followed up with patient<br>and provider to ensure<br>patient received care<br>Established support<br>network for patient | Follow-up with patient<br>Discuss their treatment and<br>how it was going<br>Assisted with alleviating<br>barriers expressed | Patient adhered to<br>treatment<br>Achieved viral suppression<br>within 4 months |

# UNTI HERE CURE

### Diagnose

• All persons living with HIV as early as possible

#### Treat

 Persons newly diagnosed rapidly and effectively to reach sustained viral suppression

#### Prevent

• Utilizing TasP (Treatment as Prevention), PrEP (Pre-exposure Prophylaxis), SSPs (Syringe Service Programs)

### Respond

• Respond quickly to potential outbreaks to provide treatment and prevention services

# LINKAGE SUCCESS REQUIRES COMMUNITY ENGAGEMENT

#### Assess Community Needs

- Conduct a needs assessment
- Engage stakeholders
- Tailor Program Design
  - Culturally Competent Services
  - Offer inclusive services
- Leverage Technology
  - Telemedicine
  - Mobile Health Clinics
  - Appointment Reminders
- Partner with Local Organizations
  - Collaborate
  - Build partnerships

- Offer Flexible Access to Care
  - Walk-in Clinics
  - Extended Hours
- Monitor and Evaluate
  - Track your success
- Focus on Retention
  - Peer Navigation
  - Case Management
- Secure Sustainable Funding
  - Apply for grants

# LINKAGEIN ACTION GEORGA

Project RED Paint, Inc (Zero Borders) (Remote) Atlanta, GA 30349 (404)390-9825 (414)204-5935

THRIVE SS, Inc. (Fulton Community-Based) 2038 Stanton Rd Atlanta, GA 30344 (404) 267-1519 www.thrivess.org (706)790-4440

Here's to Life (Fulton Community-Based) 1115 Ralph David Abernathy Blvd SW Atlanta, GA 30310 (404) 500-3726 herestolifeatl.org

(404) 267-1519 www.thrivess.org Positive Impact Health Centers To Our Shores (Gwinnett

(Dekalb/Gwinnett CommunityCommunity Community-Based)Clinic)250 Langley Dr, Suite 1101523 Church StLawrenceville, GA 30046Decatur, GA 30030(770) 954-5997

(404) 589-9040 www.positiveimpacthealthcent ers.org

Primary Care (Augusta-Multiple Locations) 2467 Golden Camp Rd Augusta, GA 30906 **Columbus Health Department** (**Columbus**) 501 Veterans Pkwy Columbus, GA 31904 (706)321-6300



# CONTACT ME