Looking Back and Looking Forward at HIV Care

Michael Saag, MD, University of Alabama, Birmingham Director, Center for AIDS Research





Circa 1900 - 1920



Lines

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ena Lu

agd

Chimpanzee Reservoirs of HIV-1 1920



100

-SIVcpzTAN1

– SIVcpzTAN2 – SIVcpzTAN3

-SIVcpzANT

99

100

MB+LB closest relatives of HIV-1 M EK closest relatives of HIV-1 N also sites with highest prevalence



1950 - 1980





Intestinal Cryptosporidiosis Complicated by Disseminated Cytomegalovirus Infection

1980

LOUIS WEINSTEIN, S. MIGUEL EDELSTEIN, JAMES L. MADARA, KENNETH R. FALCHUK, BRUCE M. MCMANUS, and JERRY S. TRIER The Divisions of Infectious Disease and Gastroenterology of the Department of Medicine and the Department of Pathology, Peter Bent Brigham Division of the Brigham and Women's Hospital, and the Departments of Medicine and Pathology, Harvard Medical School, Boston, Massachusetts

"Although no clear-cut evidence of immunodeficiency could be demonstrated in our patient, this could not be ruled out completely."

Received November 10, 1980. Accepted April 22, 1981. Address requests for reprints to: Louis Weinstein, M.D., Brigham and Women's Hospital, 75 Francis Street, Boston, Massachusetts 02115.

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Pneumocystis Pneumonia - Los Angeles

In the period October 1980–May 1981, 5 young men, all active homosexuals, were treated for biopsy-confirmed *Pneumocystis carinii* pneumonia at 3 different hospitals in Los Angeles, California. Two of the patients died. All 5 patients had laboratory-confirmed previous or current cytomegalovirus (CMV) infection and candidal mucosal infection. Case reports of these patients follow.

Patient 1: A previously healthy 33-year-old man developed *P. carinii* pneumonia and oral mucosal candidiasis in March 1981 after a 2-month history of fever associated with elevated liver enzymes, leukopenia, and CMV viruria. The serum complement-fixation CMV titer in October 1980 was 256; in May 1981 it was 32.* The patient's condition deteriorated despite courses of treatment with trimethoprimsulfamethoxazole (TMP/SMX), pentamidine, and acyclovir. He died May 3, and postmortem examination showed residual *P. carinii* and CMV pneumonia, but no evidence of neoplasia.

Patient 2: A previously healthy 30-year-old man developed *P. carinii* pneumonia in April 1981 after 5-month history of fever each day and of elevated liver-function tests, CMV viruria, and documented seroconversion to CMV, i.e., an acute-phase titer of 16 and a convalescent-phase titer of 28* in anticomplement immunofluorescence tests. Other features of his illness included leukopenia and mucosal candidiasis. His pneumonia responded to a course of intravenous TMP/SMX, but, as of the latest reports, he continues to have a fever each day.

Patient 3: A 30-year-old man was well until January 1981 when he developed esophageal and oral candidiasis that responded to Amphotericin B treatment. He was hospitalized in February 1981 for *P. carinii* pneumonia that responded to oral TMP/SMX. His esophageal candidiasis recurred after the pneumonia was diagnosed,

*Paired specimens not run in parallel.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES / Public Health Service

CENTERS FOR DISEASE CONTROL



July 3, 1981 / Vol. 30 / No. 25

Epitiemiologic Notes and Reports 305 Koposi's Sercome and Pnaumocyste Pneumonie Amang Homosexuel Men New York City and California 308 Cutanaous Larva Migrans in American Tourists – Martinique and Masico 314 Masiso – U.S. Mibtery

MORBIDITY AND MORTALITY WEEKLY REPORT

Epidemiologic Notes and Reports

Kaposi's Sarcome and *Pneumocystis* Pneumonia Among Homosexual Men – New York City and California

During the past 30 months, Kaposi's sarooma (KS), an uncommonly reported malignency in the United States, has been diagnosed in 26 homosexual men (20 in New York City [NYC]; 6 in California). The 26 patients range in age from 26-51 years (mean 39 years). Eight of these patients died (7 in NYC, 1 in California)—all 8 within 24 months after KS was diagnosed. The diagnoses in all 26 cases were based on histopathological examination of skin lesions, lymph nodes, or tumor in other organs. Twenty-five of the 26 patients were white, 1 was black. Presenting complaints from 20 of these patients are shown in Table 1.

Skin or mucous membrane lesions, often dark blue to violaceous plaques or nodules, were present in most of the patients on their initial physician visit. However, these lesions were not always present and often were considered benign by the patient and his physician.

A review of the New York University Coordinated Cancer Registry for KS in men under age 50 revealed no cases from 1970-1979 at Bellevue Hospital and 3 cases in this age group at the New York University Hospital from 1961-1979.

Seven KS patients had serious infections diagnosed after their initial physician visit. Six patients had pneumonia (4 biopsy confirmed as due to *Pneumocystic cerinii* [PC]), and one had necrotizing toxoplesmosis of the central nervous system. One of the patients with *Pneumocystis* pneumonia also experienced severe, recurrent, herges simplex infection; extensive candidiasis; and cryptococcel meningitis. The results of tests for cytomegalovirus (CMV) infection were available for 12 patients. All 12 had serological evidence of past or present CMV infection. In 3 patients for whom culture results were available, CMV was isolated from blood, urine and/or lung of all 3. Past infections with amabiasis and hepatitis were commonly renorted.

TABLE 1. Presenting complaints in 20 patients with Kaposi's sercoma

Presenting complaint	Number (percentage) of patients
Skin lesion(s) only	10 (60%)
Skin lasions plus lymphadenopathy	4 (20%)
Oral mucusal lesion only	1 (5%)
inguinal adenopathy plus perirectal abacess	1 15%1
Weight tos: and fever	2 110%
Weight loss, fever, and pneumonia	2 (10%)
lone due to Pneumocystis carinii)	2

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES / PUBLIC HEALTH SERVICE



1981 - 1987

DEATH WATCH

In 1981 a small band of CDC researchers first glimpsed the AIDS epidemic. Their lives would never be the same.

Atlanta, spring 1981. It began quietly. The first alarm did not shrill from maximum biocontainment laboratories or flash from the screens of whirring compaters. It began slowly, the greatest epidemiological chase in history, tracking a disease so horrible and relentless that modical historians would have to reach back to the terrors of the 14th century's Black Death for comparisons. In just eight years AIDS would kill more than 50,000 Americans and doom millions more around the globe. Doctors armed with medicines and magic bullets called from technology's custing edge would stand as helpless as their modieval counterparts before the plague. These eight years would affect the members of a tiny task force of medical researchers as nothing before in their lives.

BY VINCENT COPPOLA

"Hot shuff" even suribilited by Dr. James Carran across the frant report (D). Wayne Shandees and Dr. Wary Guinan (Intel) field on a mysterious new disease. Socies, dolters field res, type here Thomas Spirs, Curran, Rassid Jath, Danies Gerande and William Darraw exold be included with the ACS solidamic.

54 - 2012 1989

1981

Slide 13



VOLUME 306

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JANUARY 28, 1982

NUMBER 4

Original Articles

Adjusted Subcutaneous Heparin versus Warlarin Sodium in the Long-Term Treatment of Venous Thrombosis 189

Ressour. Heat, Tenny Demonstration, Canaci CARTER, JACK HIRSE, EDWARD GENTON, MACHARI, GENT, GRAMME TURPH, AND DERMOT MCLAUGHLEN.

Catheter Technique for Closed-Chest Ablation of the Atrioventricular **Conduction System: A Therapeutic** Alternative for the Treatment.

Case Records of the Massachusetts General Hospital

Sudden Onset of Renal Failure and the Nephrotic Syndrome in a Middle-Aged DAVID B. BERNARD AND DORRI KIPROV

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A Clinic the 1 CHARL Jose Gas Van

Drug The

DONALS AND FRE

Management of Cold Urticaria during Hypothermic Cardiopulmonary Bypass 219 WELLING E. JORGHTON, JORGATHAN MORE, DANSEL M. PRILRO, TREOTHY E. GUDAY, JORN H. SIMON, MORTHMR J. BUCKLEY, JR., AND EDWARD LOWENETERS

Reactivation? Special Report

Recurrent Genetal Herpes: Recolection or

Epidemiologic Aspects of the Current Outbreak of Kaposi's Sarcoma and Opportunistic Infections 248

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NEJMAG 306(4) 189-252 (1982)

Epidemiologic Aspects of the Current

Outbreak of Kaposi's Sarcoma and

248

Opportunistic Infections



248



*THREE CASES IN 1978

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Slide 15



CDC-Reportable AIDS Opportunistic Diseases and Related Conditions

Nonspecific signs and symptoms of illness secondary to immunodeficiency (including "AIDS related complex")

Immune complex disease (e.g. thrombocytopenia)

Asymptomatic infections

HHS,PHS,CDC



1982

Alternative Theories

- Drugs e.g., Amyl Nitrites ("Poppers")
- Fungi
- Allogeneic semen as immunosuppressant

The Lancet Feb 20, 1982

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AMYL NITRITE MAY ALTER T LYMPHOCYTE IN HOMOSEXUAL MEN

JAMES J. GOEDERT	CAROLYN Y. NEULAND	
WILLIAM C. WALLEN	MARK H. GREENE	
DEAN L. MANN	CHRISTINE MURRAY	
DOUGLAS M. STRONG	JOSEPH F. FRAUMENI, JR	
WILLIAM A. BLATTNER		

Environmental Epidemiology Branch and Division of Cancer Biology and Diagnosis, National Cancer Institute, and Infectious Diseases Branch, National Institute of Neurological and Communicative Diseases and Stroke, National Institutes of Health Bethesda, Maryland, U.S.A; Department of Surgery, Uniformed Services University of the Heal Sciences, Naval Medical Research Institute, Bethesda; and Biomedical Research Institute, Maryland.

Summary To evaluate the recent outbreak of Kaposi sarcoma (KS) and opportunistic infection in homosexual men, clinical, virological, and immunologic data on two homosexual men with KS and on fifteen health homosexual volunteers were collected. Both KS patients ha regularly used amyl or butyl nitrite (AN); they had lo helper/suppressor (H/S) T-lymphocyte ratios befor chemotherapy and high titres of antibody again graft-v-host disease.

Deleterious Immune Responses to Semen

Could repeated exposures to multi-

ple allogeneic semens impair immune

function? Do sperm share antigens

with lymphoid cells? Reasoning that

exposure to multiple allogeneic semen

might depress immune responses, we

studied sperm-specific immune re-

sponses in men and rabbits. Using a

rabbit model system, we determined

that an immune response to sperma-

tozoa was elicited after deposition of

semen into the rectum." Antibodies to

sperm and immune complexes were

readily demonstrable in the five

treated animals after four to six

weekly inseminations. Antibodies to

asialo-Gm, on the surface of sperm

appeared in 15 weeks. In further

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2372 JAMA, May 6, 1983-Vol 249, No. 17



Medicine's best and brightest have not yet solved the puzzle of Acquired Immune Deficiency Syndrome. But that's not for want of trying,

by Susan West

1983

J im Curran is making one last phone call. His voice cracks, and he's talking slower than usual. He rubs his eyes and sips coffee when he listens. His white shirt is rumpled. He's been in his office at the Centers for Disease Control since 5:30 this morning.

Curran hangs up and glances at his watch. He shuts the door, sits down, and slouches to a comfortable position. He leans his head on his hand and checks his watch again. And he begins to talk about the epidemic.

Jim Curran, Centers for Disease Control



"Very depressing," one CDC doctor said of a January 4 meeting in Atlanta on how to prevent AIDS. "We spent most of the time trying to convince the blood banks it's transmissible. We think there's no doubt, but the blood bank people say give us more proof. We intend to do just that."





Louis Aledort, National Hemophilia Foundation



Roger Enlow, National Gay Task Force



Donald Francis, Centers for Disease

"Very depressing," one CDC doctor said of a fanuary 4 meeting in Atlanta on how to prevent AIDS. "We spent most of the time trying to convince the blood banks it's transmissible. We think there's no doubt, but the blood bank people say give us more proof We intend to do just that

MARCH



Figure 1. Sexual contacts among homosexual men with AIDS. Each circle represents an AIDS patient. Lines connecting the circles represent sexual exposures. Indicated city or state is place of residence of a patient at the time of diagnosis. "0" indicates Patient 0 (described in text).

- City: LA- Los Angeles, NY New York, SF San Francisco
- State: FL Florida, GA Georgia, NJ New Jersey, PA Pennsylvania, TX - Texas



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1983

Bob Gallo, Francoise Barre-Sinoussi, and Luc Montagnier

Slide 21



1983-84

Slide 22

THE CLASSIC BESTSELLER

AND POLITICS, PEOPLE, AND THE AIDS EPIDEMIC



1987

Slide 23

1985



Project SIDA Leadership 1984 - 1990



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Original Contributions

JAMA THE JOURNAL OF THE

American Medical Association June 20, 1986 Vol 255, No. 23

Surveillance for AIDS in a Central African City

Kinshasa, Zaire

Jonathan M. Mann, MD, MPH; Henry Francis, MD; Thomas Quinn, MD; Pangu Kaza Asila, MD, MPH; Ngaly Bosenge, MD; Nzila Nzilambi, MD; Kapita Bila, MD; Muyembe Tamfum, MD; Kalisa Ruti, MD; Peter Piot, MD; Joseph McCormick, MD; James W. Curran, MD, MPH

 Surveillance for acquired immunodeficiency syndrome (AIDS) in Kinshasa, Zaire, was initiated in July 1984, using a modified version of the case definition developed by the Centers for Disease Control. During the first eight months, 332 patients met all clinical and laboratory criteria; surveillance information was available for 295 (89%) of these patients. Of the sera tested from these patients, 99% had antibodies to human T-cell lymphotropic virus type III/lymphadenopathy-associated virus by both enzyme-linked immunosorbent assay and Western blot procedures. The male-female case ratio was 1:1.1; the mean age of patients was 33.6 years (median, 32 years; range, 1.5 to 64 years); and men were significantly older than women (mean, 37.4 vs 30.0 years). The estimated incidence rate for adults in Kinshasa is 380 cases per 1 million people per year. Peak age-specific incidence rates for men and women occurred among the 30- to 39-year age group, although the rate for men in this age group was 24% higher than the rate for women (786 vs 601 per 1 million). A reasonable estimate of the current annual incidence of AIDS is 550 to 1,000 cases per 1 million people. Surveillance of AIDS in Zaire provides important information on transmission patterns and rates in Africa.

(JAMA 1986;255:3255-3259)

AIDS research project in the capital city of Kinshasa. Researchers involved in this project described epidemiologic and clinical differences between AIDS in Zaire and in the United States and Europe.² In response, the Zairian Department of Public Health established a long-term project to study AIDS.

The Project SIDA is a collaborative research program involving the Zairian Department of Public Health, the US Department of Health and Human Services, and the Institute of Tropical Medicine, Antwerp, Belgium. In June 1984, Project SIDA established an AIDS surveillance system in Kinshasa. This report summarizes surveillance data for Kinshasa from July 1984 to February 1985.



Testimony Before the House Appropriations Subcommittee for the NIAID Budget March, 1987





Developing AZT and Other First-Generation Nucleoside Reverse Transcriptase Inhibitors



Drs. Robert Yarchoan, Hiroaki Mitsuya, and Samuel Broder

1985



physiologic nucleosides are shown on

Figure 13-1. Chemical structures of dideoxynucleosides with activity against HIV. The corresponding

Slide 29



The Efficacy of Azidothymidine (AZT) in the Treatment of Patients with AIDS and AIDS-Related Complex: A Double-Blind, Placebo-Controlled Trial

Margaret A. Fischl, et al.

BW 002: 24-Week Study of AZT vs. Placebo in Patients with AIDS or ARC





1988 - 1996



BE S

85.A

UTRAGES

1988

Community Activism









Piatak, et al, Science, 1993

Days from onset of acute retroviral syndrome

count (cells/mm³)

Absolute CD4⁺

ь

Ь



HIV with Reduced Sensitivity to Zidovudine (AZT) Isolated During Prolonged Therapy

BA Larder, G Darby, and DD Richman

A SHORT-TERM CLINICAL EVALUATION OF L-697,661, A NON-NUCLEOSIDE INHIBITOR OF HIV-1 REVERSE TRANSCRIPTASE

MICHAEL S. SAAG, M.D., EMILIO A. EMINI, PH.D., OSCAR L. LASKIN, M.D., JEFFREY DOUGLAS, M.D., WILLIAM I. LAPIDUS, M.D., WILLIAM A. SCHLEIF, M.Sc., RICHARD J. WHITLEY, M.D., CAROL HILDEBRAND, B.S., VERA W. BYRNES, PH.D., JOHN C. KAPPES, PH.D., KEVIN W. ANDERSON, PH.D., FERDINAND E. MASSARI, M.D., GEORGE M. SHAW, M.D., PH.D., AND THE L-697,661 WORKING GROUP*



NEJM, 1993





Approved Antiretroviral Agents in 1996

Nucleoside RTIs

- Zidovudine (ZDV)
- Didanosine (ddl)
- Zalcitabine (ddC)
- Stavudine (d4T)
- Lamivudine (3TC)

Nonnucleoside RTI

- Nevirapine (NVP)
- Delavirdine (DLV)

Protease Inhibitors

- Saquinavir (SQV)
- Ritonavir (RTV)
- Indinavir (IDV)

Perinatally Acquired AIDS Cases, 1985-2004, United States





Note. Data have been adjusted for reporting delays and cases without risk factor information were proportionally redistributed.



Estimated Numbers of AIDS Cases, Deaths, and Persons Living with AIDS, 1985–2007—United States and Dependent Areas



Note. Data have been adjusted for reporting delays.



DIARRHEA

It might seem like diarrhea is no biggie. That's probably 'cause you never had it like I have. Try shitting your guts out every day for weeks at a time. How about being terrified to go anywhere because you might crap your pants?

Don't get me wrong, I'm really glad to be alive, but

HIV IS NO PICNIC

I don't care how good the sex is or how hot the guy is, nothing is worth what I'm going through now.

stopaids.org



Design: Better World Advertising (www.socializarketing.co



1997 - 2004

Approved Antiretroviral Agents in 2004

Nucleoside RTIs

- Zidovudine (ZDV)
- Didanosine (ddl)
- Zalcitabine (ddC)
- Stavudine (d4T)
- Lamivudine (3TC)
- Abacavir (ABC)
- Emtricitabine (FTC)

Nucleotide RTI

• Tenofovir DF (TDF)

<u>Nonnucleoside RTI</u>

- Nevirapine (NVP)
- Delavirdine (DLV)
- Efavirenz (EFZ)

Protease Inhibitors

- Saquinavir (SQV)
- Ritonavir (RTV)
- Indinavir (IDV)
- Nelfinavir (NFV)
- Amprenavir (APV)
- Lopinavir/r (LPV/r)
- Atazanavir (ATV)
- Fosamprenavir (Fos-APV)
- Tipranavir (TPV)

Fusion Inhibitor

• Enfuvirtide (T-20)



2005 - 2011

Approved Antiretroviral Agents in 2011

Nucleoside RTIs

- Zidovudine (ZDV)
- Didanosine (ddl)
- Zalcitabine (ddC)
- Stavudine (d4T)
- Lamivudine (3TC)
- Abacavir (ABC)
- Emtricitabine (FTC)

Nonnucleoside RTI

- Nevirapine (NVP)
- Delavirdine (DLV)
- Efavirenz (EFZ)
- Etravirine (ETV)
- Rilpivirene

Protease Inhibitors

- Saquinavir (SQV)
- Ritonavir (RTV)
- Indinavir (IDV)
- Nelfinavir (NFV)
- Amprenavir (APV)
- Lopinavir/r (LPV/r)
- Atazanavir (ATV)
- Fosamprenavir (Fos-APV)
- Tipranavir (TPV)
- Darunavir (DRV)

Fusion Inhibitor

• Enfuvirtide (T-20)

CCR5 Antagonist • Maraviroc (MVC)

Nucleotide RTI

Tenofovir DF (TDF)

N.B.: Seven FDC are approved: ZDV + 3TC; ZDV + 3TC + ABC; ABC + 3TC; FTC + TDF; LPV + RTV; TDF + FTC + EFV RLP + TDF + FTC

Integrase Inhibitor

Raltegravir (RAL)

ART 2009

Easier, less toxic, and more potent therapy



When to Start Therapy: Balance Has Slide #50 Tipped Further in Favor of Earlier Initiation

- Drug toxicity
 Preservation of treatment options
- Cost

Later

Harmful effects of uncontrolled viremia at all CD4 levels

More treatment options:
 improved potency, tolerability,
 durability, simplicity

Increased ability to suppress virus with multidrug resistance

Diminished emergence of resistance



Randomised controlled trials of male circumcision to reduce HIV infection



Rakai, Uganda Gray *et. al.* (2007) *Lancet*; 51% reduction in transmission

Kisumu, Kenya Bailey *et. al.* (2007) *Lancet*; 53% reduction

Orange Farm, South Africa Auvert *et. al.* (2005) *PLoS Med*; 60% reduction





Beyond 2011 - 2016

Vaccine Strategies in Current Trials



Potential Strategies for Eradication of HIV



Use of HIV-specific killing agent

iPrEx: Adherence is critical to efficacy

Efficacy by as-treated analysis

(data as of Nov 21, 2010)

<u>High</u> (≥ 90% adherence; 49% of visits)

68% efficacy

Intermediate (50-90% adherence; 33% of visits)

34% efficacy

Low (< 50% adherence;18% of visits)

16% efficacy



- 9% of seroconverters had detectable drug at first HIV+ visit
 - VS 51% of nonseroconverters

Grant et al, NEJM 2010

HPTN 052



*96% reduction in HIV transmission to HIV-negative partner median follow-up 2 years



Adapted from: Gardner et al. *Clin Infect Dis* 2011;52:793, Greenberg et al. *Health Affairs* 2009;28:1677, Marks et al. *AIDS* 2010;24:2665

90:90:90 Bending the Epidemic Curve

- Who's at Risk
- Getting to 90:90:90
- Women-controlled prevention



185,000 HIV infections in U.S. in next 5 years could be prevented by expanding testing, treatment, PrEP

Four Scenarios of the Potential Impact of Expanded HIV Testing, Treatment and PrEP in the United States, 2015-2020



Source: Centers for Disease Control and Prevention

Beyond 2018...





Slide courtesy of Joe Eron, MD

INSIDE THIS WEEK: TECHNOLOGY QUARTERLY

The Economist

The trap for Turkey Wall Street's plumbing problem Lady Gaga, Mother Teresa and profits Brazil's boiling economy The farce that is FIFA

JUNE 4TH-10TH 2011

£4.00

2011



Economist.com

How 5 million lives have been saved, and a plague could now be defeated



Beyond 2018...

What do you think?